

## What Your Doctor May Not Tell You About Heart Disease

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What Your Doctor May Not

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WHAT YOUR DOCTOR MAY NOT TELL YOU ABOUT (TM): CHILDREN'S ...

What Your Doctor May Not Tell You About Breast Cancer . NOW IN PAPERBACK! How Hormone Balance Can Help Save Your Life by John R. Lee, M.D., David Zava, Ph.D. and Virginia Hopkins. Warner Books 2002 (410 Pages)

Another pioneering book by John R. Lee, M.D. that really gets to the bottom of why women get breast cancer and how to prevent it.

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### What Your Doctor May Not Tell You About Breast Cancer

A user-friendly guide by the authors of the classic bestsellers *What Your Doctor May Not Tell You About Menopause* and *What Your Doctor May Not Tell You About Premenopause*, Dr. John Lee and Virginia Hopkins.

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### Official Website of John R. Lee, M.D., Expert in ...

What Your Doctor May Not Know About Bone Density Measurement What Does Bone Density Really Mean Use Height as a Baseline Techniques for Measuring Bone Mineral Density. Chapter 14 Women and Cardiovascular Disease. Estrogen and Heart Disease Progesterone and Heart Disease

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Loss of libido. Tender or lumpy breasts. Fibroids and endometriosis. Cold hands and feet. Very heavy or light periods. Or other symptoms like infertility, memory loss, and migraines.

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What your doctor may not mention could matter to your health. By David Freeman. From the WebMD Archives. Patients often have trouble talking to their doctors. It can be hard to get the words out ...

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### What Your Doctor May Have Trouble Telling You

Corpus ID: 69059531. What Your Doctor May Not Tell You About Fibromyalgia: The Revolutionary Treatment That Can Reverse the Disease @inproceedings{Amand1999WhatYD, title={What Your Doctor May Not Tell You About Fibromyalgia: The Revolutionary Treatment That Can Reverse the Disease}, author={R. Amand and Claudia Marek}, year={1999} }

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### What Your Doctor May Not Tell You About Fibromyalgia: The ...

Continued Doctor ' s Visits and Insurance. Once you ' re diagnosed with RA, you may need to see your rheumatologist every 3 months for exams and bloodwork at first, or schedule drug infusions ...

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### RA: What Doctors Might Not Tell You - webmd.com

What Your Doctor May Not Tell You About(TM): Menopause: The Breakthrough Book on Natural Progesterone by John R. Lee MD , Virginia Hopkins John R. Lee MD NOOK Book (eBook)

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### What Your Doctor May Not Tell You About Breast Cancer

John Lee is author of the best-selling *What Your Doctor May Not Tell You About Fibromyalgia*.

Arguing that giving estrogen replacement therapy to women after menopause is medically the wrong thing to do, Lee suggests that natural progesterone can prevent most of the unpleasant side effects of menopause, including osteoporosis

## Download Free What Your Doctor May Not Tell You About Heart Disease

and weight gain.

Coronary heart disease has long been the number one killer in this country, and for decades, we have been told about five basic risk factors: elevated cholesterol, high blood pressure, diabetes, obesity, and smoking. But the truth is that heart disease is much more complex-- with close to 400 risk factors! In this innovative guide, Dr. Mark Houston helps readers discover the causes of heart disease, how to prevent and treat its debilitating effects via nutrition, nutritional supplements, exercise, weight management, and lays to rest to various myths (cholesterol is not the primary cause) based on scientific studies and medical publications. Readers will also learn how to identify the risk factors most likely to endanger them and construct an arsenal of non-pharmacological preventative strategies that can counteract this most deadly disease.

Depression is a serious illness that can often have detrimental effects on one's personal and professional life -but it doesn't have to. With proper treatment, one can conquer this mental monster and lead a fulfilling and productive life. What's more, expensive prescription drugs with sometimes debilitating side effects may very well not be the answer. In this breakthrough programme, Dr Michael Schachter offers his proven protocol to treat depression naturally by rebalancing and repairing out of sync and inefficient neurotransmitters in the brain. Readers are guided towards relief through potent, safe natural supplements that directly affect brain chemistry. Combining more traditional treatments with new proven remedies, Dr Schachter's programme reveals: the right amino acids that can help balance brain chemistry; how to easily and effectively control the amount of serotonin, dopamine, and glutamine in the brain - without drugs; the importance of Omega-3 intake and the role of mercury and fluoride toxicity can play in depression and much more. Dr Schachter leaves no stone unturned on the path to treating depression safely, effectively and naturally.

With the exception of only the common cold, Irritable Bowel Syndrome (IBS) accounts for more work and school absences than any other illness. But drugs aren't always the best option - as Dr. Ash learn from experience. He has developed a program that helps relieve symptoms without drugs - and has applied his knowledge to the treatment of IBS, helping thousands of patients. In this groundbreaking treatment plan Dr. Ash reveals his drug-free approach to relieving the symptoms of IBS, using vitamin C, bioflavonoids, and other herbs and nutrients that help the body to heal itself. He also discusses the role of food allergies; the need for adequate diagnostic tests; and environmental factors, such as stress.

As well as explaining the mechanisms behind Parkinson's and providing detailed information on its symptoms, diagnosis and conventional treatments, this book includes information on groundbreaking alternative treatments such Dr Perlmutter's glutathione therapy using non-prescription supplements.

What Your Doctor May Not Tell You About Fibromyalgia is the only protocol that actually treat the condition, reduces drug dependency, and offer an actual cure. Most patients with fibromyalgia are on an astonishing array of medications--sometimes taking over 10 different medications and supplements a day to treat symptoms ranging from muscle pain and fatigue to hypoglycemia, IBS, and chronic candidiasis--and they still can't control their pain. This fourth edition of the book goes deeper into understanding the disease and the early intervention options that are available. With special attention paid to fatigue and pain management protocols, Dr. St. Armand goes into great detail about the big issues surrounding fibromyalgia today, including: A close look at supplements, including CBS oil--an unregulated market without the same scientific rigor as most medications Guaifenesin as a drug that does work, eliminating symptoms and restoring normal life to an astonishing 90 percent of the fibromyalgia sufferers A discussion of pharmaceuticals in treatment, and why "medical Band-Aids" won't treat the disease changes in disease protocol discussion of pharmaceuticals in treatment

This is an essential guide for parents about vaccinations. Dr. Stephanie Cave explains their pros and cons and the book provides information to help parents make a knowledgeable, responsible choice about vaccinating their children.

Each year, over 40,000 women in the U.S. die from breast cancer. With statistics rising, conventional methods of treatment are simply not working, and in some cases may even be harmful. Now, Drs. Lee and Zava explain the potentially life-saving facts, such as: likely sources for the increase in breast cancer, including environment, excessive estrogen, progesterone imbalance, diet, and the dangers associated with traditional hormone replacement methods. Readers will learn strategies for lowering their risk and preventing this devastating disease through a revolutionary hormone balance program.

Providing details of the pros and cons of common prescription medications, this text explains Dr. Mauskop's patient-tested, seven-step programme for migraine relief. It includes tips on avoiding migraine triggers in food, the home & the environment.

Human Papilloma Virus - HPV - is a sexually transmitted disease that is known as 'the silent killer' because its symptoms are so ambiguous most people don't know they have it. This book will raise awareness of this disease, as well as other abnormal smear tests, and provide much needed information and support.

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